



Letter From The President

Kipp Murray

What a fabulous 2007-2008 school year. It was a year of growth, not only for High Adventure Treks for Dads and Daughters, but for each daughter and dad on a campout, each mentor / volunteer team, and for me personally.



Kipp's Girls

We give value to our daughters and our daughters give value to us when we give each other our TIME!

Congratulations to you dads who gave up trips, meetings, and other activities in order to spend one-on-one time with your precious daughter. Congratulations to you daughters who chose to be with your dad on a HATS® campout, learning how to talk with him, be his team mate, and create a bond of trust between the two of you. We know the volleyball, soccer, dance rehearsals, and birthday parties you gave up to be with your dad... thank you!

The upcoming HATS® year is going to be great! To handle our growth, we are expanding to 3 campouts per activity for our larger classes. The goal is to keep the campouts to 15 dad and daughter teams to allow for more interaction and one-on-one training. That will put us at 25 campouts for the year! However, my wife Gwen has lovingly informed me that I will not be going on 25 campouts. Balance in our lives is one of our campout themes, so I look forward to seeing all of you on one campout or another during the year.

I look forward to turning a portion of my energy to encouraging and training mentors / volunteers. We have three classes who have or soon will graduate from the five years HATS® program, and we encourage all of you to 'come back and give back'! We are working to train our older classes using very detailed curriculum for each campout. The benefits of volunteering were expressed by

a dad during a recent event. "Our class campout was unbelievable, but attending the same campout the next year as a mentor put the relationship with my daughter at a whole new level." It is an empowering experience for the girls who go from participant to teacher/ instructor/ coach/advisor. Thank you to all our 2007-2008 mentor teams, instructors, and camp directors!

A final thought is a comment I overheard between a dad and his daughter on a campout. He said to her... 'I know I was frustrated with our inability to make our canoe go in the direction we wanted, and that frustration was coming out in my TONE OF VOICE with you and I am so sorry for that.' Wow, a daily lesson for all of us in all our relationships.

With you in the Adventure!

Dad's Perspective

Scott Robison

As a father of a young daughter, I have found HATS® to be an invaluable organization. My HATS® experience has resulted in a father daughter relationship **based** on trust, open communication, respect, love of each other, and my appreciation for the GREATNESS and the AWESOME capabilities of my daughter. HATS® placed my daughter and I in situations where I learned a lifetime of lessons about my daughter's gifts, skills, capabilities, dreams, and desires. All this occurred during what can be the most difficult years for a child (Junior High). We love the Adventure side of HATS®, but just as much we love responding to the well planned relationship building exercises that HATS® introduces at every campout. Each year builds on the last year, culminating in a seven day Colorado adventure with a highly functional, highly communicating, well trained dad and daughter team.



*Scott Robison with stepdaughter
Billie Beth Ricca*

Upon entering the program, my daughter and I committed to each other that we would make ourselves available for the two campouts per year. This really meant my daughter had to sacrifice much more than I. I had to tell the

boss that there are some weekends I just would not be available. Nearly every weekend event conflicted with my daughter's busy social calendar.

Despite intense peer pressure to hang with her friends, she stood by her commitment to our relationship.

I secretly know, on several occasions going into the weekend she really wanted to be with her friends, then after the weekend... she was thrilled to have spent the time together. Together we have created memories that will last a lifetime, and she experienced the internal satisfaction of being a person of her word.

My only regret... we graduate out of the program this year. To my relief, my daughter has asked if I would join her and mentor future dads and daughters in the HATS program. More memories yet to come, as we gladly give back and help HATS do for others the greatness delivered so unselfishly to us.

Daughter's Perspective

Billie Beth Ricca

Before we joined HATS, the relationship between my father and I lacked ability to communicate with each other properly. At first, we would not listen to each other, but HATS has significantly changed that. Now, I feel I know my dad so much more and our ability to communicate is much better. The campouts force us to be together the entire time and work as a team. At every campout, my dad stresses one particular life lesson and a thing I need to improve on and we make a goal to achieve them by the next campout. I feel wiser and closer after each campout. I learn so much more about my dad the more intimate alone time I get with him- and HATS has plenty of it. It has always been obvious that my dad loves me, but he has really made it clearer in the past few years. He has really showed me how much he cares about me throughout my HATS experience. HATS has helped my survive the awkward, raging, moody, selfish, becoming a woman, stage. Every time I feel like yelling at my dad I remember the times we had on our campouts and the talks we had.

8th Grade Backpacking in Oklahoma

HATS® hosted fifty eighth grade dads and daughters for spring backpacking campouts at McGee Creek near Atoka, Oklahoma. "My favorite part of the campout was playing the games," remembered Cicely Quade. "My dad and I got to work together as a team and work with the other teams as well."

"Spending one on one time together helps us to know each other better,"



Charlie and Cicely Quade share a snack

said Mark Ryker, who attended with daughter, Liz. "We have a distinct memory together to talk about in the future."

Before setting out, the teams were instructed in how to pack and carry everything they needed, which meant leaving a few things behind. "I realized I have a stronger determination when there is a

final destination," recalled Cicely. "I was happy when we could finally take off our heavy packs and eat."

During the weekend, teams focused on how to hike with minimal impact on the environment, how to set up an efficient camp, and how to be comfortable and secure in a wilderness setting.

"I enjoyed getting to know the fellow campers and just spending time with my daughter outdoors," shared Mark.

"I learned my daughter will do about anything as long as I join her."

"We are lucky to have mentors Tim Morgan, David Kent, and David Blom," stressed Kipp Murray, founder and Executive Director of HATS. "They have experience taking scout groups to Philmont Scout Ranch, exploring Rocky Mountain National Park, trekking down the Grand Canyon, and canoeing the Lewis and Clark River Trail in Montana and the Boundary Waters in Minnesota."



Mark and Liz Ryker



Communications exercises help Alan & Nola Allinger, Glenn & Amy Almack, and Stephen & Laura Pickard

Sunday morning was spent in father-daughter breakout time, using specially designed questions and exercises to create bonds of trust and improve communication. "I found out that my dad was in a band in high school," said one surprised eighth grader. "I didn't know that."

"After a campout," said Glenn Almack, "Amy and I are more open, more understanding, and more patient with one another. HATS teaches us to really listen."

"It was fun to see the different sides of my dad" Cicely said of the weekend. "We got to work together in a non-stressful, fun environment."

7th Grade Canoe Trip On the Brazos

HATS® hosted sixty seventh-grade girls and dads on canoe trips down the Brazos River this spring. "My dad was a big help to me and to the other dads and daughters," said Caitlin Young about father, Ric. "I can't wait to go again."



7th Grade Dads and Daughters

"My dad and I always have fun when we go on HATS campouts together," remembered Kathryn Tekell, daughter of Ken. "He shows me that I am important by spending the entire weekend with me." "I learned that my daughter, Michaela is daring and not afraid to try new things," recalled Ricardo Cortes. "She has complete faith that her dad will keep her safe."



Ken and Kathryn Tekell spend some time by the river

"My favorite part was the obstacle course," said Caitlin. "It wasn't easy to master, so I was surprised to learn I'm good at it!"



Michael and Emily Harne paddle down the river

After a busy Saturday of canoeing and first aid instruction, Sunday was spent in father-daughter breakout sessions. "I like my daughter more and more as I get to know her better," shared Brian Austin about daughter, Dani. "We appreciate the chance to talk, away from the rush of life at home."

"I learned that Sydney really does know how to set up a tent," offered Charlie Quade. "She is eager to help me whenever she can." "The trip down the river was a great time to talk and relax," said Michael Hearne, who was joined by daughter, Emily.

"It is amazing to see the wonderful young woman she is becoming."

Free Year's HATS® Membership?

If you and your daughter bring in five new teams to join HATS, you will receive one year of HATS dues-free! We know that the best recruiters for HATS are the dads and daughters who enjoy and benefit from the program. Also, one of our long-term goals is to reach farther and wider with our mission, including families who might not otherwise be able to join us due to financial concerns. If you and your daughter have a friend, classmate, or teammate who would be a good candidate, we would love to hear from you. We believe the mission of HATS – to raise strong young women, able to overcome any obstacle and take on any challenge – is a universal one, applicable to girls from all backgrounds.

Scholarship funds are available. Please contact Carol Toler, 214-348-7800, for more information. Also, tell your friends to check out www.highadventuretreks.org. They can see photos from campouts, a calendar of future events, and our latest newsletter.

5th Graders Enjoy Canoe Campout

Fifth graders and their dads enjoyed instructional canoe campouts in the spring, with forty dad and daughter teams participating.

“Over the weekend, I saw how close my dad and I can get if we spend time together,”



Robert & Lauren Boone, Ken & Lindsay Weitzel, Chris & Kaitie Miller, Rodney and Winslow Sowards, Chris and Courtney Kopf, and Michael & Eleanor Hearne

remembered Laura Meyne. “Now we feel more comfortable communicating with each other.” Her father, Rob, agreed. “I learned that she wants to spend more time eating meals together. I was surprised how important it is to her that I spend time with her.”



Shawn & Rachel Devlin learn paddling techniques and water safety

The dad and daughter teams camped at Lofers Bend East Park, near the dam at Lake Whitney. “Even though we were only an hour and a half from Dallas,” recalled Claire Candler, “it felt like we were far from home. I didn’t know how much fun my dad could be.”

Volunteers instructed the dads and daughters in paddling strokes, safety techniques, and canoeing games. “It was challenging to paddle on the lake in the high wind and



Robert and Lauren Boone learn specially designed games and exercises for improving trust and communication

waves,” said attendee Chris Kopf, “especially with my daughter Courtney in the rear attempting to keep us on course. The most rewarding time was Sunday morning when we got the opportunity to talk one-on-one.”

“HATS is a fantastic program,” said Bill Wachel, who attended with fifth grade daughter Madison and whose older daughter Meredith is a graduate of the program. “The exercises open communication channels for years to come.”

“The instruction we offer is the equivalent of the Boy Scout canoeing merit badge,” shared HATS founder and executive director Kipp Murray. “These girls learn that they can achieve any goal with the encouragement and

support of their father.”

“My favorite part was learning to work together in the leverage and balance exercise,” recalled Steve Jones, who attended with daughter, Morgan.



Ric and Allison Young enjoy spending time together on the water

“We were not successful until we listened to each other and cooperated to pull each other up.”

“I learned that my daughter respects my level-headedness during stressful times,” recalled Dave Swanson. Added daughter Audrey, “and I learned that my dad appreciates what I do.”

“I think every daughter and dad should go canoeing together with HATS,” stressed new member Lauren Boone. “My dad is different out here than when we are at home.”

“My dad is easy to get along with, and he is helpful,” said Allison Young. “My sister has been in HATS for three years - now it’s my time with Dad.”

“At first, we were paddling hard and not making much progress,” recalled Meyne, but Laura said, ‘Dad, you can’t do anything until you first think you can.’ I should have been the one encouraging her, and she was the one who ended up teaching me a lesson I will never forget.”

“My father and I had a great time,” remembered Ashlynn Krasnesky. “Now I am looking forward to the HATS mountain biking trip.”

6th Graders go Rockclimbing

About 90 dads and daughters attended sixth grade spring rock climbing campouts at McGee Creek near Atoka, Oklahoma. “My dad is a great belayer (a person who secures a climber with a rope),” remembered Carly



Eric and Jackie Scott stop for a bite to eat

Boobar. “Now I know that I can trust my dad in everyday situations.”

“I got great muscles from climbing the rocks,” shared Jackie Scott. “My dad told me stories about when he was a kid, so we learned more about each other.” Dad Eric agreed. “I learned that my daughter is a great rock-climber. I like that she is willing to try new things.”

“I learned that my dad really wants to spend time with me more than I thought,” recalled Mackenzie Baldwin. “I’m so glad we came on the campout.”

“After going rock climbing together,” said Kevin Smith, “I see that my daughter, Rachal, is her own person with her own sense of values and abilities.” Kevin’s older daughter, Lauren, is an eighth grader in the program.

Steve Wilhelm quickly realized that daughter Hayley was not so sure about rock climbing. “Even though she was frightened, she was willing to trust me,” he said. “She has a big heart and seemed unwilling to let defeat win her over.”

“We love attending HATS campouts,” added Hayley after she finished her climb. “They are extremely beneficial to our relationship.”

After a long day of activity, dad and daughter teams build a campfire and tell ghost stories.



Steve and Hayley Wilhelm enjoy their 2nd year in HATS

“Wow,” exclaimed Elizabeth Wallace, “I learned my dad (Perry) can actually cook!”

With all HATS campouts, Sunday morning is spent in break out sessions where girls and their fathers share specially designed games and questions to strengthen bonds of communication. “My favorite part was the trust exercises,” remembered Jackie. “Spending time with my dad is very special.”

Mountain Biking is a Big Success

Our annual All Grade Mountain Biking Day Trip was a big success in May, with about 46 dads and daughters participating. We met at Johnson Branch Park at Lake Ray Roberts, about sixty miles from home. Our knowledgeable volunteers covered lessons on safety and first aid, bike



Robert and Lizzie Kidd

maintenance, tire changing techniques, and use of gears and brakes. Then it was off to the trails, with paved bike trails for beginners, jeep trails for intermediate bikers, and mountain bike trails for the experts among us. Afterward, we lunched in the



Mark and Amelia Stuert



Russell and Ashlynn Krasnesky

shade and swam in the lake. Don't miss this fun opportunity next year to meet dads and daughters from the other age groups, perfect your biking techniques, and spend time with your darling daughter!

Need a Recommendation?

When school starts, HATS can provide letters of recommendation for girls applying for National Honor Society, class office, internships, etc. Simply call Carol Toler at the HATS office and let her know the details. Let us tell someone how wonderful you are!

Winter Campout was a Blast

Great fun was had by all at the Winter Campout and Adventure Race in January, with 114 dads and daughters attending. “Winter Campout gave me the opportunity to leave my studies, dance, and schoolwork behind and just have fun relaxing with my dad,” remembered Michaela Cortes. “I learned to keep warm at night by layering my clothes, and I found out that you stay warmer in a small tent.”



Ricardo & Michaela Cortes enjoy the Winter Campout

“I loved being with my dad, having fun.” Marissa Battle remembered. “The campout was in a wide open space, right by the Red River. There were lots of cows, and the weather was so cold that it froze our igloo full of water!”

“From a dad's perspective,” recalled Marissa's dad Lee, “this campout was a great opportunity to spend quality one-on-one time with my daughter.

In today's fast paced world, there is never enough time with our families.”

“My favorite part was climbing the rock wall,” said sixth grader Lauren West. “I liked how the dads guided the

Sweetheart Banquet 2008

The Sweetheart Banquet was a big success in February, with almost 200 dads and daughters attending. "It was fun getting dressed up," said sixth grader Carly Boobar, who attended with her dad, Tim. "My dad and I always have a great time together."

The keynote speaker was NASA astronaut Dr. Sandy Magnus, who was on the crew of the International Space Station Atlantis in October of 2002. "Just like when you go on your campouts," Dr. Magnus told the girls, "when I first began preparing to go into space I was a bit nervous. Over time and with practice and preparation, it felt natural." Dr. Magnus operated the space station's robotic arm during three spacewalks over an 11-day mission involving 170 orbits and traveling 4.5 million miles. She will return to the space station this fall. "Preparation for space includes preparing for contingencies such as an emergency evacuation which involves learning to adapt to extreme outdoor conditions wherever the escape capsule might land," she remembered. "We learned how to make a tent from a parachute, make a lean-to for shelter, and how to make a signal fire. Now, with GPS, getting found is much easier. Just like in HATS, we learned from each other."



NASA Astronaut Dr. Sandy Magnus inspires the girls to reach for their dreams

"I am afraid of heights," Dr. Magnus shared, "I guess that's surprising for an astronaut. We learned survival skills training in Utah and Arizona, where we were given rock climbing and backpacking lessons. I was nervous about rock climbing and rappelling."

Fifth grader Alex Spaller could relate to Dr. Magnus' admission. "I was nervous about rappelling also," she confessed. "Just like you," Dr. Magnus added,

"we learned about challenges and how great it feels to conquer them."

"We learned that cooperation and teamwork help you succeed."



Dads and Daughters learn to communicate and solve problems together

girls on the wall while we were blindfolded. We had to listen carefully to their instructions, and they had to explain what to do so that we could climb without looking." Prior to the campout, dad volunteers traveled to the picturesque ranch near Leon, Oklahoma to build the vertical climbing wall.

Mentor Lyndsay West is a HATS graduate, and was recently named Captain of her high school drill team. "My

favorite part was actually the coldness," she explained, "and how we were forced to adapt to new weather conditions by using different techniques such as wearing less clothing in the sleeping bags or doubling up sleeping bags. It was fun to be able to see techniques that I had used in Colorado two summers ago put into action here, and I enjoyed being able to help the dads and daughters find what was right for them." Said Lyndsay's sister Lauren, "I liked having my sister on the campout, because my dad, my sister, and I all got to know each other better. And my dad learned he really can go a whole day without thinking about business."

"We got to swing on a rope one by one until our entire nineteen person group was on ONE 4'x 4' platform," recalled eighth grader Mary Margaret Johnson. "It made for tight quarters, but it was so much fun! I think that problem solving is always my favorite activity because it really challenges you to use your brains and work together." "I liked how our team used different strategies to get around obstacles in the big race" said Gemma McLarty, a fifth grader. "Our team used a hula hoop to get around the circle without letting go."



Built entirely by volunteers, the new HATS climbing wall on Mark DeWitt's ranch was the hit of the Winter Campout. HATS depends on its dedicated volunteers to mentor dads and daughters and help make the weekend memorable.



Dr. Magnus answered questions from Sara Sterling, Kendall Brewer, and Morgan Halliwell

Dr. Magnus spoke to the girls about overcoming obstacles to reach their goals. "When I was young, I was hesitant to tell people I wanted to be an astronaut," she said. "I thought they would think a girl could never make it, but I decided to try it anyway. I knew I'd be happy with myself if I gave it my best shot."

Attending dads were pleased to have their daughter meet such an encouraging role model. "Her message is that these girls can do anything," said HATS board member and volunteer Tim Morgan, who attended with his daughter Emily. "Even becoming an astronaut is an attainable goal."

"Dr. Magnus encouraged the girls to believe in themselves," recalled Mark DeWitt, who also serves as a board member and was accompanied by his eighth grade daughter Taylor. "She told the girls to recognize their limits, then push to them."

During the question and answer session, several girls clamored to raise their hands. How is the food in space? "Surprisingly good," she answered. "I like the dehydrated food, and in the shuttle we ate creamed spinach and cherry cobbler. I learned I can do anything with a tortilla." Do you have any regrets? "I never flew in an airplane until I was twenty one. Of course, I more than made up for it later."



Dr. Mangus enjoyed hearing about the HATS program from graduates Lyndsay West and Haley Bruneman

Have you ever wanted to quit? "Yes!" she replied. "The space station training took three years. It's very easy to lose sight of the big picture, but you have to push through that and focus on your goal."

In closing, Dr. Magnus quoted Belva Davis, who said,

"Don't be afraid of the space between your dreams and reality."



Tim & Carly Boobar, Mark & Taylor DeWitt, Dr. Sandy Mangus, Kipp & Gwen Murray, Tim and Emily Morgan and Megan Murray

Check out Shutterfly for More Photos!

Don't forget to look at Shutterfly, which is an online library holding all photos from all HATS campouts. Shutterfly sells prints at nineteen cents each (a bargain) and gives you access to the photos of other campers. You can also see what future campouts will be like. Simply go to www.HATSDallas.shutterfly.com.

New 4th Grade Program

For years, dads and daughters have come to HATS after participating in the wonderful YMCA Indian Princess program. We find that these dads have already made the commitment to invest time in their daughters, so HATS is a perfect fit for their family. This year, HATS will begin a new program for fourth graders to fill that "gap year" before HATS officially begins in fifth grade.



In March, we held the first

Emily McGough spends the day with dad, Mark



New members Victor and Julia Aves

fourth grade event at White Rock Lake. About 40 dads and daughters participated in this one mile hike around Flag Pole Hill, stopping at stations for large group games, small group exercises, and father/daughter breakout activities.

The afternoon concluded with snacks and a traditional dad and daughter breakout session, featuring "mirror questions" which permit opportunities for a new level of communication and understanding. The weather was lovely, we reached a brand new set of dads and daughters, and we formed the foundation of next year's fourth grade program. If you have friends who will enter fourth grade next year, please share their contact information with us. We will be delighted to invite them, along with any of your friends entering fifth grade who are ready to join HATS!

Are You Lost?

If you are not getting HATS emails at least one per month, we may not have your email address in our database. We may have entered you incorrectly, or perhaps our system has knocked you out. We DON'T want to lose you and your daughter! If you think you might be "lost," please call the HATS office at 214-348-7800 or email us at highadventuretreks@sbcglobal.net to ensure that you don't miss any of our fun dad and daughter activities.

9th Graders Trek to Colorado

In preparation for their summer trek to Colorado, ninth graders went camping and bouldering in the Wichita Mountains Wildlife Refuge in March. The 60,000 acre area near Lawton, Oklahoma is home to herds of bison, elk, and white-tailed deer. "These mountains are the

remains of volcanic cores and molten lava, forming a distinctive red granite," Kipp Murray told the group. "They offer some of the finest bouldering and hiking between the Ozarks and the Rocky Mountains."



Jeff & Alex Ziehm

Most of the girls had a school holiday on Monday, so they had even more time to enjoy the spiritual location with their dads. Saturday was spent bushwhacking and bouldering to the top of Mt. Lincoln, with a surprise evening trek later.

Trademark HATS father-daughter breakout sessions were held in a unique boulder field, which was a perfect setting for creating lifelong memories and unshakable foundations of trust and communication.



9th Grade prepare for their trek to Colorado in July

A Special Thanks to our Volunteers

Special thanks to our tireless volunteers who have given countless hours of instruction and support at HATS campouts. Our HATS girls (and fathers) are stronger, more knowledgeable, and more confident –

thanks to you! Congratulations to our graduated ninth graders who have earned the ability to volunteer as Key Mentors on future campouts. These girls are adventure experts, ready to advise and instruct in a variety of outdoor situations. Look for the special red hat on HATS volunteers at your next campout!

Dads and Daughters Master Orienteering

High Adventure Treks for Dads and Daughters (HATS) hosted orienteering training in March, with dads and daughters learning techniques for navigating the great outdoors. Fifth through seventh graders and their fathers mastered orienteering using maps and compasses. "My dad and I learned this skill together," remembered sixth grader Kaila Parrish. "If I get lost, I will know how to find help."

"I really enjoyed the long course," added her father, John. "This ability will come in handy when we go backpacking in Oklahoma."

Older girls learned to navigate using Global Positioning System, or GPS. "In the future, most people will use GPS instead of compasses," explained ninth grader Emily Westerheide, "so this was a good skill to learn."

Volunteer Ricardo Chan taught GPS techniques and introduced the concept of "geocaching" to the group.



Ricardo and Jasmine Chan teach geocaching

"Geocaching is a fun way to discover the environment around you, said Ricardo's daughter Jasmine, a seventh grader. "You go to places you wouldn't know existed otherwise, whether it is a small creek just off the trail or an odd formation of rocks. It's also a great way to learn about the area and an easy hobby to start up. People of any age can join."

"The geocaches were hard to find," recalled Emily, "but that was what made it fun."

"Geocaching is a treasure hunt using GPS," he told the dads and daughters. "In its most basic form, members hide items and publish the GPS coordinates to find it. There are over a half million published sites worldwide."

"I actually got a GPS for Christmas," said Emily's dad, Jeff, "but this was the first time I used it. I'm a big fan now. If not for HATS, it'd still be in a box in my closet."

"Geocaching was great, like a grown up version of Hide and Seek," said Jeff. "Emily and I had a good time. We'll use GPS for our upcoming trip to Taos, New Mexico and for other trips around town. We look forward to using this when we go to Colorado this summer."



Gordon & Caroline Keehn master the art of teamwork

"HATS takes us to places we wouldn't know about otherwise – outside the usual tourist hangouts," said Ricardo.

"We learn to solve problems together and enjoy each other."



McKenna Beidebach points the way for dad, John

2008

Campout Survey Summary

Thank you to the dads and daughters who shared their ideas about HATS in surveys distributed after the spring campouts.

We learned from HATS dads and daughters that:

- 100% were glad they came on the campout.
- 100% thought it was "worth it" to come on the campout, even though they had to miss other activities back home.

We were especially pleased to see that:

- 100% of dads thought HATS campouts helped them

learn more about their daughters.

- 100% of daughters appreciate that HATS activities helped them learn more about their dads.

It's no surprise that junior high can be a difficult time.

Consider this:

- 31% of fifth graders have experienced bullying this year, either physically, online, or by text message.
- 44% of seventh graders have experienced bullying this year.

In comparing responses between dads and daughters of different ages, we learned that:

- 0% of sixth graders are aware of peers smoking cigarettes or using marijuana, compared to 50% of seventh graders.
- 0% of sixth graders are aware of peers drinking alcohol, compared to 39% of seventh graders.
- 0% of sixth graders are aware of peers engaging in sexual activities, compared to 33% of seventh graders.
- Peer pressure can be a powerful force. Note the following:
- 32% of seventh graders have felt peer pressure this year to do something she knows is not right.
- 44% of eighth graders admit to experiencing this pressure.

We realize that we at HATS have more work to do.

- 100% of sixth graders say they feel comfortable communicating with their dad.
- 95% of seventh graders say the same.
- While we believe 95% is much higher than the general population of girls, our goal is 100% at all age levels.
- We believe the most effective way to combat peer pressure and stand up to bullying is to develop unshakable self confidence. We believe that a strong father/daughter relationship built on trust, understanding, and communication is the foundation upon which this self confidence is built. We appreciate our HATS dads (and moms) for investing the resources and making the commitment to strengthen that dad/daughter relationship.

Dads added these comments to their survey:

- "I learned I need to coach her along, not push her."
- "With each trip, we get closer and learn more about each other."
- "My daughter is growing stronger and more accomplished physically – thanks HATS!"
- Daughters added these comments:
- "I learned I can always trust my dad, no matter what!"
- "My dad cares about me so much and he learns a lot about me on campouts."

"HATS is a wonderful program, not just for me but for my dad, also. I'm so glad we came."



Jim, Allyson and Jacalyn Holman

Thanks to our Generous Donors

We are humbled by and grateful for the generous contributions from our faithful sponsors during the 2007-08 school year:

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The Brian Austin Family
The Victor Aves Family
The Wes Bowen Family
The David Brown Family
The Galen Busse Family
The Andy Irwin Family
The Monte Irion Family
The Kregg Jodie Family
The Stephen Pickard Family
The Charlie Quade Family
The Keith Reid Family
The Mark Stuertz Family

HATS® Calendar for 2008-2009

(locations not listed will be announced soon by e-mail)



Bob & Rebecca Nance

August 14th-Kick Off Picnic – North location 7 p.m. (all grades)
August 17th-Kick Off Picnic – South location 7 p.m. (all grades)
August 24th-Colorado Debriefing (9th & 10th grades)
August 28th-Packet Pick Up 7 pm (6th grade)
September 5th, 6th & 7th-Canoeing I (6th grade)
September 8th-Packet Pick Up 7 pm all (8th & 9th grades)
September 12th, 13th & 14th-Canoeing II (6th grade)

September 12th, 13th & 14th-Kayaking I (8th grade)
September 19th, 20th & 21st-Backpacking I (9th grade)
September 19th, 20th & 21st-Canoeing III (6th grade)
September 21st-One Day Event (4th grade)
September 26th, 27th & 28th-Backpacking II (9th grade)
September 26th, 27th & 28th-Kayaking II (8th grade)
October 3rd, 4th & 5th-Kayaking III (8th grade)
October 8th-Packet Pick Up 7 pm (7th grade)
October 10th, 11th & 12th-Rockclimbing (7th grade)
October 13th-Packet Pick Up 7 pm (5th grade & new members)
October 17th-19th-New Member Campout I (includes 5th grade)
October 24th-26th-New Member Campout II (includes 5th grade)
November 2nd-One Day Event (4th grade)
November 7th-Rock Climbing Lock In 9 pm (all grades)



Fifth graders enjoy the canoe campout

2009

January 30th-February 1st-Winter Campout (all grades)
Feb. 27th-March 1st-Colorado Prep Campout (9th grade)
March 8th-Orienteering (all grades)
March 27th, 28th & 29th-Backpacking I (8th grade)
March 27th, 28th & 29th-Rockclimbing I (6th grade)
April 3rd, 4th & 5th-Backpacking II (8th grade)
April 3rd, 4th & 5th-Rockclimbing II (6th grade)
April 17th, 18th & 19th-Canoeing I (5th grade)
April 24th, 25th & 26th-Canoeing II (5th grade)
April 25th & 26th-Canoeing I (7th grade)
May 2nd & 3rd-Canoeing II (7th grade)
May 16th-Mountain Biking Day (all grades)